

Damian M. Andrisani, M.D.
Delaware Orthopaedic Specialists
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CURRENT POSITIONS

Orthopaedic Surgeon, Board Certified
Fellowship Trained in Sports Medicine
Certificate of Added Qualification in Orthopaedic Sports Medicine
Delaware Orthopaedic Specialists
Wilmington, Delaware 19808

Board Certified by the American Board of Orthopaedic Surgery, recertified 2015
Co-Director, Section of Sports Medicine, Christiana Care Department of Orthopaedic Surgery
Clinical Instructor, Christiana Care Department of Family Medicine
Affiliated Faculty in the Department of Kinesiology and Applied Physiology in the College of
Health Sciences at the University of Delaware
Preceptor, Thomas Jefferson University Department of Athletic Training
Mid-Atlantic Regional Representative and Delaware Delegate, American Orthopaedic Society of
Sports Medicine
Orthopaedic Consultant, University of Delaware Athletic Department
Team Physician; Wilmington Blue Rocks (A) affiliate of the Washington Nationals, Delaware
Technical Community College, Archmere Academy, A.I. DuPont HS, Sanford HS and
Conrad HS
Recognized as an expert with regard to general orthopaedics, sports medicine, knee and
shoulder injuries by Delaware and Pennsylvania courts

EDUCATION

2004 - 2005	Sports Medicine Fellowship Thomas Jefferson University Hospital, Department of Orthopaedics Philadelphia, PA
1999 - 2004	Orthopaedic Residency Wright State University School of Medicine, Department Orthopaedics Dayton, OH
1995 - 1999	Jefferson Medical College Philadelphia, PA
1992 - 1995	University of Delaware Newark, DE Bachelor of Arts in Liberal Studies
1993	University of Delaware Economics Department, London Program London, England Focus on Health Economics

PUBLICATIONS

Chapters

Lawless MW, **Andrisani D**. Posterior Cruciate Ligament Pathology. Emedicine 2004.

Articles

Andrisani D, Miller L, Rubenstein D. Surgical management of discoid meniscus. *Techniques in Knee Surgery* 2006; 5(2):128-33.

Banco S, **Andrisani D**, Ramsey M, Frieman B, Fenlin J. The parachute technique: valgus impaction osteotomy for two-part surgical neck fractures. *J Bone Joint Surg AM* 2001; 83 Part I (suppl 2): 38-42.

Banco S, **Andrisani D**, Ramsey M, Frieman B, Fenlin J. Tension band fixation for unstable two-part humeral fractures in patients with osteopenic bone (parachute technique). *Techniques in Shoulder and Elbow Surgery* 2001; 2: 50-3.

Bowen RJ, **Andrisani D**, Miller K. Extremity pain in a child: a case report of leukemia. *Delaware Medical Journal* 1999; 71:293-6.

Banco S, **Andrisani D**, Ramsey M, Frieman B, Fenlin J. Valgus impaction osteotomy for two-part surgical neck fractures: the parachute operation. *The Jefferson Orthopaedic Journal* 1999; 28: 16-9.

Abstracts

Andrisani D, Krishnamurthy A. "SF 36 outcome data following total knee replacement surgery, a prospective study" Mid-America Orthopedic Association. July 2002.

Case Reports

Andrisani D, Hutchinson B, Crosby L. A fracture-dislocation of the proximal humerus. Submitted to the 2004 AAOS case writing competition.

Posters

Andrisani D, Struminger A. Validity & Reliability of a Custom Made Pitching Device. Delaware Orthopaedic Symposium, Christiana Hospital, Oct 29, 2016.

PRESENTATIONS

"Injury Prevention for Baseball Pitchers", 50th Annual Medical Aspects of Sports Seminar, University of Delaware. Newark, DE, March 2, 2019.

"Injury Prevention for Baseball Pitchers 2018", Delaware Athletic Trainers' Association Annual Meeting. Newark, DE, Dec 2, 2018.

"Measuring Pitching Fatigue with a Custom Made Device", Advances in Throwing: Latest on Injury Treatment and Performance Optimization. 3rd annual Penn Orthopaedics Throwing Symposium. Philadelphia, PA, Jan 21, 2017.

“Measuring Pitching Fatigue with a Custom-Made Device”, Eastern Orthopaedic Association. New Orleans, LA, Oct 21, 2016.

“Shoulder Injuries in Athletes”, 11th Annual Delaware Academy of Family Physicians’ Sports Medicine Symposium, Christiana Hospital, Feb 10, 2013.

“The Athletic Shoulder: Implications for Assessment and Rehabilitation”, Delaware Athletic Trainers Association Annual Educational Forum and Business Meeting, Dover, DE, Dec 2, 2012.

“The Management of Knee Injuries”, Delaware Orthopaedic Symposium, Christiana Hospital, Oct 29, 2011.

“Anterior Cruciate Ligament Update 2010”, Medical Aspects of Sports Conference, University of Delaware. Newark, DE, Feb 27, 2010.

“Anterior Cruciate Ligament Update 2010”, 8th Annual Delaware Academy of Family Physicians’ Sports Medicine Symposium, Wilmington, DE, Feb 13, 2010.

“Injection Techniques of the Joints”, Medical Society of Delaware Third Annual Spring CME Symposium, Newark, DE, Mar 28, 2009.

“Orthopaedic Pearls: How to Order Appropriate Tests for Diagnosis of Athletic Injury”, 7th Annual Delaware Academy of Family Physicians’ Sports Medicine Symposium, Wilmington, DE, Feb 21, 2009.

“The Evaluation and Management of Common Shoulder Complaints”, 2008 American College of Physicians Delaware Chapter Scientific Meeting, Newark, DE, Feb 23, 2008.

“Physical Examination of the Knee”, Medical Aspects of Sports Conference, University of Delaware. Newark, DE, Feb 2, 2008.

“The Other Cruciate Ligament”, Medical Aspects of Sports Conference, University of Delaware. Newark, DE, Feb 25, 2006.

“Anterior Shoulder Instability”, Delaware Athletic Trainers’ Association, Hockessin, DE, Dec 4, 2005.

“Evaluation of Shoulder Injuries”, University of Delaware Student Health Center, Newark, DE, Oct 27, 2005.

“Management of Extremity Trauma”, Delaware Ambulance Association, Claymont, DE, Oct 27, 2005.

“Arthroscopic Rotator Cuff Repair and Instability Workshop”, Assistant Instructor, St. Peter’s University Hospital Minimally Invasive Surgery Center, New Brunswick, NJ, Nov 12, 2004.

“SF 36 Outcome Data Following Total Knee Arthroplasty in Veterans” Poster Presentation, 5th Annual Resident Research Forum, Dayton, OH, Apr 22, 2004.

“The posterior cruciate ligament” Dayton Area Orthopaedic Grand Rounds, Aug 27, 2003.

“SF 36 outcome data following total knee replacement surgery, a prospective study” Mid-America Orthopedic Association. Jul 2002.

“A review of the Coventry HTO” Dayton Area Orthopaedic Grand Rounds, Aug 29, 2001.

“The parachute technique: valgus impaction osteotomy for two-part surgical neck fractures” Scientific Exhibit, AAOS Annual Meeting, Feb 28 - Mar 4, 2001.

PROFESSIONAL SOCIETIES

American Academy of Orthopaedic Surgeons
American Orthopaedic Society for Sports Medicine
Arthroscopy Association of North America
Eastern Orthopaedic Association
Delaware Society of Orthopaedic Surgeons
Medical Society of Delaware

HONORS

2017-2022 Delaware Today Magazine, Top Doctors
2017-2022 Philadelphia Magazine, Top Doctors
2022 Inductee of the Archmere Academy Sports Hall of Fame
2003 American Orthopaedic Association Resident Leadership Forum
2002-2003 American Academy of Orthopaedic Surgeons Resident Liaison
Miami Valley Hospital Resident of the Year finalist 2000-2001
Aventis Orthopaedic Surgery Resident Scholarship Recipient, 2000-2001
Hobart-Amory-Hare Honor Society, Jefferson Medical College
Medical Scholars Program, University of Delaware and Jefferson Medical College
Phi Beta Kappa, Phi Kappa Phi and Golden Key National Honor Societies, University of Delaware

SPORTS COVERAGE

2016- present Wilmington Blue Rocks
2005- present University of Delaware
2007- present DelTech CC
2007- present A.I. DuPont HS
2008- present Archmere Academy
2008- present Sanford HS
2009- present Conrad HS
2004-2005 Philadelphia Phillies (Major League Baseball)
2005 Philadelphia Soul (Arena Football League)
2005 Philadelphia Wings (Professional Indoor Lacrosse)
2005 Philadelphia Barrage (Professional Outdoor Lacrosse)
2004-2005 Haverford College
2004-2005 St. Joseph's University
2002-2004 University of Dayton

RESEARCH

I have developed and patented a device to measure shoulder fatigue in baseball pitchers. I have collaborated with the University of Delaware's Athletic Training and Physical Therapy Departments, the University of West Virginia Department of Orthopaedic Surgery, and the Thomas Jefferson University Department of Athletic Training. I have also worked with the University of Delaware's Center for Composite Materials.

COMMUNITY SERVICE

2020-present Mary Campbell Center, Board Member
2014-2022 Limestone Medical Aid Unit, Board Member
2013-2018 Limestone Medical Properties, Board Member
2014-2017 Archmere Academy, Board Member
2013 Worked successfully to get the traveling team physician bill passed in the State of Delaware

REFERENCES

Michael G. Ciccotti, M.D.
Jefferson Sports Medicine Fellowship Director
The Rothman Institute
925 Chestnut St, 5th floor
Philadelphia, PA 19107
(267) 339-3620

John D. Kelly, IV, M.D.
University of Pennsylvania Department of Orthopaedic Surgery
235 S 33rd Street Weightman Hall, Floor 1
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James T. Lehner, M.D.
Department of Orthopaedic Surgery
The Children's Medical Center
One Children's Plaza
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