

Katherine Perscky, DPM

Fellow, American College of Foot and Ankle Surgeons
Delaware Orthopaedic Specialists, Newark DE
302-655-9494
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Certifications

- 2017 Certified in Foot Surgery, American Board of Foot and Ankle Surgery
- 2017 Certified in Reconstructive Rearfoot and Ankle Surgery, American Board of Foot and Ankle Surgery

Appointments

- 2018 - Present Board Member, Board of Podiatry, Division of Professional Regulation, State of Delaware
- 2014 - Present Director of Delaware Special Olympics, Healthy Athletes - Fit Feet
- 2011 - Present Podiatric Residency Training Committee, Christiana Care Hospital System
- 2017 – 2018 Board Member, Treasurer, Delaware Podiatric Medical Association
- 2015-2017 Board Member, Secretary, Delaware Podiatric Medical Association

Work History

- 2016 - Present Delaware Orthopaedic Specialists
Newark - 1096 Old Churchmans Rd, Newark, DE 19713
Middletown - 252 Carter Dr. Suite 101, Middletown De, 19709
- 2011 - 2015 New Castle Associates in Podiatry,
Metroform Complex, 620 Stanton Christiana Rd, Suite 303,
Newark, DE 19713

Residency

- 2007 - 2011 Temple University Hospital, Foot and Ankle Surgical Residency, Philadelphia, PA
- 2010 - 2011 Chief Resident

Education

- 2003-2004 Temple University School of Podiatric Medicine, Philadelphia, PA
- 1999-2003 University of Delaware, Newark, DE
Bachelor of Arts; Major: Biology
- 1995-1999 Council Rock High School, Newtown, PA

Awards & Honors

- 2016, 2017, 2018, 2019, 2020 Delaware Today Top Doctor Award
- 2020 Clinician of the Year, Podiatric Surgery and Medicine Residency, Christiana Care Hospital System
- 2013 Educator of the Year, Podiatric Surgery and Medicine

Residency, Christiana Care Hospital System

Professional Societies

Present American College of Foot and Ankle Surgeons, Fellow
Present American Podiatric Medical Association
Present Delaware Podiatric Medical Association

Hospital Affiliations

2011 – Present Christiana Care Hospital System, Newark De
2017 – Present Orthopaedic Specialist Surgi-Center,
2011 – 2018 St. Francis Healthcare System, Wilmington De

Specialized Courses

Baltimore Limb Deformity Course (Advanced Ponseti Course and Advanced External Fixation), Sept 2010
ACFAS Arthroscopy Course, June 2010
AO North America Advanced Course, Denver, CO 2009
AO North America Basic Course, Atlanta, GA 2009
Advanced Cardiac Life Support/Basic Life Support, 2009- Present
Podiatric Medical Licensing Examination for States (PM Lexis), June 2007
Health Insurance Portability Accountability Act (HIPAA) certified

Volunteer

2011 – Present Special Olympics, Healthy Athletes
2016 – Present Heart to Soles, Sunday Breakfast Mission of Wilmington, DE
2013 Team Doctor for Delaware Cancer Community, Strides for Hope
2011- 2015 Athletic/ Patient Screenings, Delaware State Police Recruits, Boys and
Girls Club, YMCA
2011 Nicaragua Mission Trip, El Ayudante mission for underserved children and
adults, Leon Nicaragua, February 2011
2003-2007 Big Sibling Coordinator, Class of 2007
2003-2007 Foot Screening Coordinator, Class of 2007

Publications

Meyr, AJ, Paskey KM. Chapter 12: Anatomy of the Lower Leg and Foot. Compendium of Podiatric Medicine and Surgery. 2010 (pages 201-216). Maryland; Data Trace Publishing.

Paskey, K, Vlahovic T. Herpes Zoster Affecting the Lower Extremity. Advances in Skin and Wound Care, Nov 2009, Vol 22, Issue 11, page 502-505.

Presentations

September 2017 Foot and Ankle Management & Pearls, Nova Care Physical Therapy
April 2014 What It's like to be a Podiatric Surgeon, Guest Speaker for Tatnall
Biomedical Club

March 2013 Lateral Ankle Instability, Achilles Tendonitis/osis – Conservative + Surgical Management, CCHS Podiatric Residency Program

February 2011 Surgical Considerations for Ankle Fractures, HEODRA, Leon Nicaragua

January 2011 Lisfranc Trauma – Strategies for Diagnosing & Managing the Often Missed Tarsometatarsal Injury, Temple University School of Podiatric Medicine