

Jeffrey C Lynch, DO

EMPLOYMENT

Shoulder and Elbow Surgeon
Delaware Orthopaedic Specialists, Wilmington, DE
August 2025-Present

EDUCATION

Fellow, Cleveland Clinic Foundation, Cleveland, OH
Shoulder and Elbow Surgery, August 2024-July 2025
Resident, Jefferson Health NJ, Stratford, NJ
Orthopaedic Surgery Residency, June 2019-June 2024
Rowan University School of Osteopathic Medicine, Stratford, NJ
Doctor of Osteopathic Medicine, June 2015-June 2019
Drexel University College of Medicine, Philadelphia, PA
Post-Baccalaureate Certificate, June 2013-May 2014
The Johns Hopkins University, Baltimore, MD
Bachelor of Arts, Biology, August 2009-May 2013

CERTIFICATIONS

American Board of Orthopaedic Surgery, Board Eligible 2024-2029
ABOS Part 1
National Board of Osteopathic Medical Examiners
COMLEX Level 1, 2 CE/PE, and 3
National Board of Medical Examiners
USMLE Step 1 and 2 CK
American Heart Association
Basic Life Support for Healthcare Provider, August 2015-Present
Advanced Cardiac Life Support Provider, June 2019-Present
Pediatric Cardiac Life Support Provider, June 2019-Present

PEER-REVIEWED PUBLICATIONS

- 2023 McCahon, J, **Lynch, JC**, Radack, T, Austin, LS. Surprise Billing in Elective Shoulder Surgery and Its Effect on Patient Satisfaction. Orthopedics. September 2023. PMID: 37757751
- 2023 DeBernardis, DA, **Lynch, JC**, Radack, TM, Austin, LS. Return to Driving Following Anatomic and Reverse Shoulder Arthroplasty: A Comparative Analysis. Journal of Shoulder and Elbow Surgery. Volume 32, Issue 5. May 2023. PMID: 36528223
- 2023 **Lynch, JC**, Johnson, EE, Ciccotti, MC, Erickson, BJ, Dodson, CC, Cohen, SB, Ciccotti, MG. Clinical Outcomes Following Ulnar Collateral Ligament Reconstructions with Concomitant Ulnar Nerve Transposition in Overhead Athletes: A Matched Cohort Analysis. American Journal of Sports Medicine (AJSM). Volume 51, Issue 14. March 2023. PMID: 36786243
- 2023 Szukics, PF, Otlans, P, **Lynch, JC**, Meade, M, Salvo, JP. Associating Outcomes After Hip Arthroscopy With Patient Resilience. Orthopaedic Journal of Sports Medicine.. Volume 11, Issue 2. February 2023. PMID 36860775
- 2022 Kwan, SA, **Lynch, JC**, DeFrance, M, Ciesi, KA, Rivlin, M, Daniel, JN. Risk of Noise Induced Hearing Loss for Orthopaedic Surgeons. Journal of Bone and Joint Surgery. Published September 28, 2022. PMID: 36170382
- 2022 Austin, LS, **Lynch, JC**. In response to Dr. Green and Dr. Daniels' "Letter to the Editor" regarding the manuscript "Malpractice Against Shoulder Surgeons: What the Data Says". Journal of Shoulder and Elbow Surgery. Published September 29, 2022. PMID: 36183897

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- 2022 **Lynch, JC**, Radack, TM, Stenson, JF, Riebesell, SA, Austin, LS. Malpractice Against Shoulder Surgeons: What The Data Shows. Journal of Shoulder and Elbow Surgery. Volume 31, Issue 10. October 2022. PMID: 35781085
- 2022 Stenson, JF, **Lynch, JC**, DeBernardis DA, Cheesman, QT, Austin, LS, Rivlin, M. Biomechanical Comparison of Elbow Stability Constructs. Journal of Shoulder and Elbow Surgery. Volume 31, Issue 9. September 2022. PMID: 35247577
- 2022 Deirmengian GK, **Lynch J**, Kwan S, Fliegel, B. Late Femoral Component Revision for Femoral Canal Perforation. Cureus 14(1): e20996. January 6, 2022 doi:10.7759/cureus.20996. PMID: 35154970
- 2021 **Lynch JC**, Yayac M, Krueger CA, Courtney PM. Amount of CMS Reduction in Facility Reimbursement Following Removal of Total Hip Arthroplasty From the Inpatient-Only List Far Exceeds Reduction in Actual Care Cost. J Arthroplasty. 2021 Jul;36(7):2276-2280. doi: 10.1016/j.arth.2020.08.038. PMID: 32919845.
- 2019 Pizzo RA, **Lynch JC**, Adams DM, Yoon RS, Liporace FA. Unusual anatomic variant of the axillary nerve challenging the deltopectoral approach to the shoulder: a case report. Patient Saf Surg. 2019;13:9. Published 2019 Feb 14. doi:10.1186/s13037-019-0189-1

PODIUM PRESENTATIONS

- 2025 The Effect of Humeral Revision on Minimum One-Year Clinical and Patient Reported Outcomes in Patients Undergoing Aseptic Revision to Reverse Total Shoulder Arthroplasty. San Diego Shoulder Institute/ASES Fellow's Day 2025. **Lynch, JC**. San Diego, CA June 2025
- 2025 "Risk of Noise-Induced Hearing Loss for Orthopaedic Shoulder and Elbow Surgeons". Ohio Shoulder and Elbow Society 2025 Annual Meeting. **Lynch, JC**. January 2025
- 2023 "Risk of Noise-Induced Hearing Loss for Orthopaedic Shoulder and Elbow Surgeons". Pennsylvania Orthopaedic Society 2023 Annual Meeting. Presented by William DiCiurcio, DO. September 2023.
- 2023 "Complications Rates and Post-Operative Outcomes of Small Finger Metacarpal Fractures treated by Plate and Screw or Percutaneous Intramedullary Screw Fixation". American Academy of Orthopaedic Surgeons (AAOS) 2023 Annual Meeting in Las Vegas, NV. **Lynch, JC**. March 2023.
- 2023 "Surprise Billing Following Rotator Cuff Repair and Its Effect on Patient Satisfaction". American Academy of Orthopaedic Surgeons (AAOS) 2023 Annual Meeting in Las Vegas, NV. Presented by Joseph McCahon, DO. March 2023
- 2022 "The Risk of Noise Induced Hearing Loss for Orthopaedic Surgeons". Eastern Orthopaedic Association (EOA) 2022 Annual Meeting in Atlantic City, NJ. Presented by Stephanie Kwan, DO. October 2022
- 2022 "The Risk of Noise Induced Hearing Loss for Orthopaedic Surgeons". American Academy of Orthopaedic Surgeons (AAOS) 2022 Annual Meeting in Chicago, IL. Presented by Stephanie Kwan, DO. March 2022.
- 2022 "Resilience in Hip Arthroscopy: Can We Predict Patient Outcomes Based On Resiliency?". Arthroscopy Association of North America (AANA) 2022 Annual Meeting in San Francisco, CA. Presented by Patrick Szukics, DO. May 2022.
- 2021 "In vitro Biomechanical Comparison of Elbow Stability Constructs". American Shoulder and Elbow Society (ASES) 2021 Annual Meeting in Tampa, FL. Presented by Luke Austin, MD. December 2021.
- 2021 "Biomechanical Comparison of Elbow Stability Constructs". Eastern Orthopaedic Association (EOA) 2021 Annual Meeting in Nashville, TN. **Lynch, JC**. October 2021.
- 2021 "Amount of CMS Reduction in Facility Reimbursement following removal of

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- 2020 Total Hip Arthroplasty from the Inpatient Only List Far Exceeds Reduction of Actual Care Cost". American Academy of Orthopaedic Surgeons (AAOS) 2021 Annual Meeting in San Diego, CA. **Lynch, JC.** September 2021.
- 2020 "Is the Outpatient Prospective Payment System Classification for Total Hip Arthroplasty Appropriate?" American Association of Hip and Knee Surgeons (AAHKS) 2020 Annual Meeting in Dallas, TX. **Lynch, JC.** November, 2020.
- 2017 "The Effect of Pitching Restrictions in High School on the Incidence of Arm Injuries in Collegiate and Professional Baseball Players". American Osteopathic Academy of Orthopedics (AOAO) 2017 Annual Meeting in Chicago, IL. **Lynch, JC.** October 2017.

POSTER

PRESENTATIONS

- 2025 "The Effect of Humeral Revision on Minimum One-Year Clinical and Patient Reported Outcomes in Patients Undergoing Aseptic Revision to Reverse Total Shoulder Arthroplasty." National Shoulder and Elbow Week. Cleveland, OH May 205
- 2024 "The Risk Of Noise-Induced Hearing Loss For Orthopaedic Shoulder And Elbow Surgeons". Getz, C., DiCiurcio, W., Kwan, S., Lynch, J., DeBernardis, D., Austin, L., SECEC Congress. Munich, Germany, Sept. 4-6 2024
- 2024 "Surgeon Experience Does Not Affect Complication Rates In Anatomic And Reverse Total Shoulder Arthroplasty In Fellowship-Trained Shoulder & Elbow Surgeons". Getz, C., Kohring, A., DiCiurcio, W., Lynch, J., Riebesell, S., Austin, L., SECEC Congress. Munich, Germany, Sept. 4-6 2024
- 2024 "The Risk of Noise-Induced Hearing Loss for Orthopaedic Shoulder and Elbow Surgeons." DiCiurcio, W. T., Kwan, S. A., Lynch, J. C., DeBernardis, D., & Austin, L.A. Shoulder360 Course. Miami, FL, May 2-4, 2024
- 2024 "Surgeon Experience Does Not Affect Complication Rates in Anatomic Total Shoulder and Reverse Total Shoulder Arthroplasty in Fellowship-Trained Shoulder & Elbow Surgeons." Kohring A, DiCiurcio W, Lynch JC, Riebesell S, Austin L. Shoulder360 Course. Miami, Florida. May 2 - 4 2024.
- 2023 "Risk of Noise-Induced Hearing Loss for Orthopaedic Shoulder and Elbow Surgeons" Mid-Atlantic Shoulder and Elbow Society(MASES) 2023 Annual Meeting. Washington, D.C. September 2023
- 2023 "Clinical Outcomes Following Ulnar Collateral Ligament Reconstructions with Concomitant Ulnar Nerve Transposition in Overhead Athletes: A Matched Cohort Analysis." American Orthopaedic Society of Sports Medicine (AOSSM) 2023 Annual Meeting in Washington, D.C.. July 2023.
- 2022 "Malpractice Against Shoulder Surgeons: What The Data Says" Eastern Orthopaedic Association (EOA) 2022 Annual Meeting in Atlantic City, NJ October 2022
- 2022 "Resilience in Hip Arthroscopy: Can We Predict Patient Outcomes Based On Resiliency?" Eastern Orthopaedic Association (EOA) 2022 Annual Meeting in Atlantic City, NJ October 2022
- 2022 "Malpractice Against Shoulder Surgeons: What The Data Says" American Academy of Orthopaedic Surgeons (AAOS) 2022 Annual Meeting in Chicago, IL. March 2022
- 2022 "Resilience in Hip Arthroscopy: Can We Predict Patient Outcomes Based On Resiliency?" American Academy of Orthopaedic Surgeons (AAOS) 2022 Annual Meeting in Chicago, IL. March 2022
- 2021 "Biomechanical Comparison of Elbow Stability Constructs". American Society for Surgery of the Hand (ASSH) 2021 Annual Meeting in San Francisco, CA. September 2021
- 2017 "The Effect of Pitching Restrictions in High School on the Incidence of Arm Injuries in Collegiate and Professional Baseball Players" Rowan SOM Research

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Day in Stratford, NJ. May, 2017.

- 2016 “Is Tommy John Surgery Really More Common in Professional Baseball Players from Warm-Weather Areas?” American Osteopathic Academy of Sports Medicine (AOASM) Annual Meeting in Tempe, AZ. May, 2016.

HONORS AND AWARDS

- 2025 **2nd Prize Original Research, National Shoulder and Elbow Week, Cleveland Event.** Cleveland, OH. May 2025
- 2025 **1st Prize Original Research, Ohio Shoulder and Elbow Society Annual Meeting.** Columbus, OH. January 2025
- 2022 **Eastern Orthopaedic Educational Fund (EOEF) Thomas R. Bowen, MD Travel Grant**
Travel Scholarship for one of the top resident abstracts accepted for oral presentation at 2022 Eastern Orthopaedic Association (EOA) Annual Meeting
- 2022 **Mid Atlantic Shoulder and Elbow Society (MASSES) Resident Scholarship**
Scholarship award given to residents for attendance of the annual MASSES meeting in Washington, D.C.
- 2022 **Rowan SOM/Jefferson Health NJ/Virtua Resident Research Award**
Annual award given at to the orthopaedic resident that excels in research throughout the academic year
- 2021 **New Jersey Orthopaedic Society Resident Award**
Travel scholarship for top resident abstract accepted at the 2021 Eastern Orthopaedic Association (EOA) Annual Meeting from New Jersey
- 2018 **Gold Humanism Honor Society, Rowan SOM**
Elected based on recommendation by peers and faculty along with a select group of members of the Rowan SOM Class of 2019.
- 2017 **3rd Prize, Original Research, Rowan SOM Summer Medical Research Fellowship, Stratford, NJ**
- 2016-2017 **Alumni Association Scholarship, Rowan SOM Alumni Association, Stratford, NJ**
Awarded the annual scholarship that is given to a handful of Rowan SOM students for strong performance in scholarly and extracurricular activities.
- 2016 **1st Prize, Original research, American Osteopathic Association of Sports Medicine (AOASM), Tempe, AZ**

LEADERSHIP

- 2023-2024 **Jefferson NJ/Rowan SOM/Virtua Orthopaedic Surgery Residency - Research Chief**
Responsibilities include overseeing a robust research program accounting for more than 45 papers accepted for peer-reviewed publication.
- 2019-2020 **Rowan SOM/Jefferson Health NJ/Virtua Chief Intern**
Served as leadership for fellow PGY-I residents throughout the course of the year, organizing call schedules and attending monthly status meetings with administration
- 2015-2018 **Rowan SOM Annual Golf Classic Planning Committee, Stratford, NJ**
Committee Chair, 2018 Golf Classic
Helped set school record by raising more than \$11,000 for student scholarships by soliciting donations from alumni, local physicians and area businesses for the annual golf outing. Named Committee Chair for my fourth and final outing in Fall 2018.

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2009-2013 **Johns Hopkins University Varsity Baseball Team**, Baltimore, MD
Team Captain, Spring 2013 Season
Awarded 2013 Centennial Conference Player of the Year, NCAA All-Mid-Atlantic Region Team (2012 and 2013), First Team All-Centennial Conference (2012 and 2013).
Won four varsity letters playing for ABCA Hall of Fame Coach Bob Babb.

WORK EXPERIENCE

2016-2017 **Rowan SOM Center for Teaching and Learning**, Stratford, NJ
Tutor
2014-2015 **St. Joseph's Prep Baseball Team**, Philadelphia, PA
Assistant Baseball Coach
2014-2015 **Saxby's Coffee**, Haddonfield NJ
Barista/Café Chef

COMMUNITY SERVICE

2015- 2022 **Laurel House**, Norristown, PA
Fundraiser
Raised funds for and participated in the annual 5K for Domestic Violence and "Walk-a-Mile in Her Shoes" charity walk. Contributed to raising more than \$150,000 over the past seven years.
2015-2016 **Camden Community Health Center**, Camden, NJ
Student Doctor
Volunteered at the Saturday morning clinic and saw under-served patients from Camden and the surrounding areas for reasons ranging from sports physicals to sick visits.
2015-2016 **Rowan SOM High School Anatomy Mentoring Program**, Stratford, NJ
Mentor
Hosted high school students in the area in the anatomy lab and taught them about normal and pathologic anatomy.

PROFESSIONAL AFFILIATIONS

Peer Reviewer, Journal of Shoulder and Elbow Surgery
Peer Reviewer, Shoulder and Elbow
American Shoulder and Elbow Surgeons, Candidate Member
American Academy of Orthopaedic Surgeons, Resident Member
Arthroscopy Association of North America, Resident Member
Orthopaedic Trauma Association, Candidate Member
American Association of Hip and Knee Surgeons, Resident Member
American Osteopathic Academy of Orthopaedics, Resident Member
Eastern Orthopaedic Association, Resident member