

Damian M. Andrisani, M.D.  
Delaware Orthopaedic Specialists  
1941 Limestone Road, suite 101  
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## **CURRENT POSITIONS**

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Orthopaedic Surgeon, Board Certified  
Fellowship Trained in Sports Medicine  
Certificate of Added Qualification in Orthopaedic Sports Medicine  
Delaware Orthopaedic Specialists  
Wilmington, Delaware 19808

Board Certified by the American Board of Orthopaedic Surgery, recertified 2015  
Co-Director, Section of Sports Medicine, Christiana Care Department of Orthopaedic Surgery  
Clinical Instructor, Christiana Care Department of Family Medicine  
Affiliated Faculty in the Department of Kinesiology and Applied Physiology in the College of  
Health Sciences at the University of Delaware  
Preceptor, Thomas Jefferson University Department of Athletic Training  
Delaware Delegate, American Orthopaedic Society of Sports Medicine  
Orthopaedic Consultant, University of Delaware Athletic Department  
Team Physician; Wilmington Blue Rocks (A) affiliate of the KC Royals, Delaware Technical  
Community College, Archmere Academy, A.I. DuPont HS, Sanford HS and Conrad HS  
Recognized as an expert with regard to general orthopaedics, sports medicine, knee and  
shoulder injuries by Delaware and Pennsylvania courts

## **EDUCATION**

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2004 - 2005	Sports Medicine Fellowship <b>Thomas Jefferson University Hospital, Department of Orthopaedics</b> Philadelphia, PA
1999 - 2004	Orthopaedic Residency <b>Wright State University School of Medicine, Department Orthopaedics</b> Dayton, OH
1995 - 1999	<b>Jefferson Medical College</b> Philadelphia, PA
1992 - 1995	<b>University of Delaware</b> Newark, DE Bachelor of Arts in Liberal Studies
1993	<b>University of Delaware Economics Department, London Program</b> London, England Focus on Health Economics
1991	<b>University of Richmond</b> Richmond, VA

## PUBLICATIONS

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### Chapters

Lawless MW, **Andrisani D**. Posterior Cruciate Ligament Pathology. Emedicine 2004.

### Articles

**Andrisani D**, Miller L, Rubenstein D. Surgical management of discoid meniscus. *Techniques in Knee Surgery* 2006; 5(2):128-33.

Banco S, **Andrisani D**, Ramsey M, Frieman B, Fenlin J. The parachute technique: valgus impaction osteotomy for two-part surgical neck fractures. *J Bone Joint Surg AM* 2001; 83 Part I (suppl 2): 38-42.

Banco S, **Andrisani D**, Ramsey M, Frieman B, Fenlin J. Tension band fixation for unstable two-part humeral fractures in patients with osteopenic bone (parachute technique). *Techniques in Shoulder and Elbow Surgery* 2001; 2: 50-3.

Bowen RJ, **Andrisani D**, Miller K. Extremity pain in a child: a case report of leukemia. *Delaware Medical Journal* 1999; 71:293-6.

Banco S, **Andrisani D**, Ramsey M, Frieman B, Fenlin J. Valgus impaction osteotomy for two-part surgical neck fractures: the parachute operation. *The Jefferson Orthopaedic Journal* 1999; 28: 16-9.

### Abstracts

**Andrisani D**, Krishnamurthy A. "SF 36 outcome data following total knee replacement surgery, a prospective study" Mid-America Orthopedic Association. July 2002.

### Case Reports

**Andrisani D**, Hutchinson B, Crosby L. A fracture-dislocation of the proximal humerus. Submitted to the 2004 AAOS case writing competition.

### Posters

**Andrisani D**, Struminger A. Validity & Reliability of a Custom Made Pitching Device. Delaware Orthopaedic Symposium, Christiana Hospital, Oct 29, 2016.

## PRESENTATIONS

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"Injury Prevention for Baseball Pitchers", 50<sup>th</sup> Annual Medical Aspects of Sports Seminar, University of Delaware. Newark, DE, March 2, 2019.

"Injury Prevention for Baseball Pitchers 2018", Delaware Athletic Trainers' Association Annual Meeting. Newark, DE, Dec 2, 2018.

"Measuring Pitching Fatigue with a Custom Made Device", Advances in Throwing: Latest on Injury Treatment and Performance Optimization. 3<sup>rd</sup> annual Penn Orthopaedics Throwing Symposium. Philadelphia, PA, Jan 21, 2017.

"Measuring Pitching Fatigue with a Custom-Made Device", Eastern Orthopaedic Association. New Orleans, LA, Oct 21, 2016.

“Shoulder Injuries in Athletes”, 11<sup>th</sup> Annual Delaware Academy of Family Physicians’ Sports Medicine Symposium, Christiana Hospital, Feb 10, 2013.

“The Athletic Shoulder: Implications for Assessment and Rehabilitation”, Delaware Athletic Trainers Association Annual Educational Forum and Business Meeting, Dover, DE, Dec 2, 2012.

“The Management of Knee Injuries”, Delaware Orthopaedic Symposium, Christiana Hospital, Oct 29, 2011.

“Anterior Cruciate Ligament Update 2010”, Medical Aspects of Sports Conference, University of Delaware. Newark, DE, Feb 27, 2010.

“Anterior Cruciate Ligament Update 2010”, 8<sup>th</sup> Annual Delaware Academy of Family Physicians’ Sports Medicine Symposium, Wilmington, DE, Feb 13, 2010.

“Injection Techniques of the Joints”, Medical Society of Delaware Third Annual Spring CME Symposium, Newark, DE, Mar 28, 2009.

“Orthopaedic Pearls: How to Order Appropriate Tests for Diagnosis of Athletic Injury”, 7<sup>th</sup> Annual Delaware Academy of Family Physicians’ Sports Medicine Symposium, Wilmington, DE, Feb 21, 2009.

“The Evaluation and Management of Common Shoulder Complaints”, 2008 American College of Physicians Delaware Chapter Scientific Meeting, Newark, DE, Feb 23, 2008.

“Physical Examination of the Knee”, Medical Aspects of Sports Conference, University of Delaware. Newark, DE, Feb 2, 2008.

“The Other Cruciate Ligament”, Medical Aspects of Sports Conference, University of Delaware. Newark, DE, Feb 25, 2006.

“Anterior Shoulder Instability”, Delaware Athletic Trainers’ Association, Hockessin, DE, Dec 4, 2005.

“Evaluation of Shoulder Injuries”, University of Delaware Student Health Center, Newark, DE, Oct 27, 2005.

“Management of Extremity Trauma”, Delaware Ambulance Association, Claymont, DE, Oct 27, 2005.

“Arthroscopic Rotator Cuff Repair and Instability Workshop”, Assistant Instructor, St. Peter’s University Hospital Minimally Invasive Surgery Center, New Brunswick, NJ, Nov 12, 2004.

“SF 36 Outcome Data Following Total Knee Arthroplasty in Veterans” Poster Presentation, 5<sup>th</sup> Annual Resident Research Forum, Dayton, OH, Apr 22, 2004.

“The posterior cruciate ligament” Dayton Area Orthopaedic Grand Rounds, Aug 27, 2003.

“SF 36 outcome data following total knee replacement surgery, a prospective study” Mid-America Orthopedic Association. Jul 2002.

“A review of the Coventry HTO” Dayton Area Orthopaedic Grand Rounds, Aug 29, 2001.

“The parachute technique: valgus impaction osteotomy for two-part surgical neck fractures” Scientific Exhibit, AAOS Annual Meeting, Feb 28 - Mar 4, 2001.

## **PROFESSIONAL SOCIETIES**

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American Academy of Orthopaedic Surgeons  
American Orthopaedic Society for Sports Medicine  
Arthroscopy Association of North America  
Eastern Orthopaedic Association  
Delaware Society of Orthopaedic Surgeons  
Medical Society of Delaware

## **HONORS**

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2017-2020 Delaware Today Magazine, Top Doctors  
2017-2020 Philadelphia Magazine, Top Doctors  
2011- present Delaware Delegate, American Orthopaedic Society for Sports Medicine  
2003 American Orthopaedic Association Resident Leadership Forum  
2002-2003 American Academy of Orthopaedic Surgeons Resident Liaison  
Miami Valley Hospital Resident of the Year finalist 2000-2001  
Aventis Orthopaedic Surgery Resident Scholarship Recipient, 2000-2001  
Hobart-Amory-Hare Honor Society, Jefferson Medical College  
Medical Scholars Program, University of Delaware and Jefferson Medical College  
Phi Beta Kappa, Phi Kappa Phi and Golden Key National Honor Societies, University of Delaware

## **SPORTS COVERAGE**

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2016- present Wilmington Blue Rocks  
2005- present University of Delaware  
2007- present DelTech CC  
2007- present A.I. DuPont HS  
2008- present Archmere Academy  
2008- present Sanford HS  
2009- present Conrad HS  
2004-2005 Philadelphia Phillies (Major League Baseball)  
2005 Philadelphia Soul (Arena Football League)  
2005 Philadelphia Wings (Professional Indoor Lacrosse)  
2005 Philadelphia Barrage (Professional Outdoor Lacrosse)  
2004-2005 Haverford College  
2004-2005 St. Joseph's University  
2002-2004 University of Dayton

## **RESEARCH**

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I have developed and patented a device to measure shoulder fatigue in baseball pitchers. I have collaborated with the University of Delaware's Athletic Training and Physical Therapy Departments. I have also worked with the University of Delaware's Center for Composite Materials.

## **COMMUNITY SERVICE**

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2020-present Mary Campbell Center, Board Member  
2014-present Limestone Medical Aid Unit, Board Member  
2013-2018 Limestone Medical Properties, Board Member  
2014-2017 Archmere Academy, Board Member  
2013 Worked successfully to get the traveling team physician bill passed in the State of Delaware

## REFERENCES

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Michael G. Ciccotti, M.D.  
Jefferson Sports Medicine Fellowship Director  
The Rothman Institute  
925 Chestnut St, 5<sup>th</sup> floor  
Philadelphia, PA 19107  
(267) 339-3620

John D. Kelly, IV, M.D.  
University of Pennsylvania Department of Orthopaedic Surgery  
235 S 33<sup>rd</sup> Street Weightman Hall, Floor 1  
Philadelphia, PA 19104  
(215) 662-736

James T. Lehner, M.D.  
Department of Orthopaedic Surgery  
The Children's Medical Center  
One Children's Plaza  
Dayton, OH 45404-1815  
(937) 641-3010